

CHAPTER V

CONCLUSION AND SUGGESTION

A. CONCLUSION

To answer the formulation of research problems that have been described in the previous chapter, three research questions were asked the researcher, the first is what are the anxieties experienced by students at SMA N 1 Gunung Tuleh when learning English, the second is how students' anxiety in learning to speak English at SMA N 1 Gunung Tuleh and the third is why anxiety in learning English occurs like this. In this study, it can be concluded that there are seven student behaviors when experiencing anxiety, namely: (a) taking cover (b) flipping through books (c) shaking their heads (d) looking down (e) stammering (f) trembling, and (g) pale face.

Firstly, taking cover can also be interpreted as an attempt to avoid what is perceived as a potential threat to oneself. Students' behavior to avoid direct contact means that students avoid intensive communication with the teacher. Taking cover is when students change seats to avoid the teacher. Second, flipping through books, in the learning process students flip through books as an activity to find information or knowledge from books. However, during the learning process, flipping through the book is not only to find information but also because students try to distract the teacher. Third, shaking the head is part of selective mutism disorder, which is a condition where students are expected to speak or express opinions in front of the class or answer questions from the teacher, but instead experience failure or refusal to speak in front of the class or express opinions. Fourth, looking down is when the learning process looks down, usually occurring when students experience an event, for example, cannot answer questions or are reprimanded by the teacher. During the observation, some students were seen looking down. Stuttering is a form of nervousness or unclear speech. Stuttering is also the same as nervousness. Nervousness is acting or speaking in a state of unease. Nervousness is a feeling of discomfort, a racing heart, a restless heart, and a locked mouth. Trembling is a symptom of fear characterized by trembling of the body that usually occurs in the hands and feet

caused by students' fear of things they do not like. A pale face is the expression of students when they feel afraid to answer questions asked to students so students feel excessively tense and make their faces look pale. During the learning process, students experience pale faces because they are afraid of something or feel threatened.

B. SUGGESTIONS

Based on the description above, the researcher provides suggestions for teachers, students, and others. These suggestions are as follows:

a. English Teacher

Teachers should be able to overcome the anxiety experienced by students during the learning process of speaking English in class.

b. For Students

Students should be able to overcome the anxiety experienced by students during the learning process of speaking English in class.

c. For further researchers

Other researchers who are interested in this issue are needed. The researcher feels that if the research is conducted on different research participants, the results will be different. Hopefully these findings will be more useful for other scholars in the teaching and learning process.